Get Rid of Roaches – Breathe Easier!

Roaches can trigger asthma attacks.





Roach sprays don't work. Sprays can make asthma worse.
Sprays can be harmful to health.

Instead of spraying,
1) Make changes to your home to <u>starve</u>-out, <u>dry</u>-out and <u>keep</u>-out roaches.
2) Use safer pest control products and methods.

Funding provided by US EPA Aging Initiative and the Cleveland Foundation

Make changes to your home to starve-out, dry-out and keep-out roaches.

Starve Them Out

Roaches like to stay in places where they can find food. If they can't find food they probably will leave.

- Keep drawers, cabinets and counter tops free of food and clutter.
- Clean up spills and crumbs.
- Seal bags and containers of food.
- Cover trash. Don't leave food out overnight.

Dry Them Out

Roaches can't live without water to drink. Get rid of standing water all over the house.

- Fix leaky faucets and pipes.
- Always drain water from sink and bath after use.
- Keep drains clear of water and garbage.
- Keep all areas of the house clean and dry, including the basement, kitchen, and bathrooms.

Keep Them Out

Stop roaches from becoming a problem. Keep them out of your house.

- Keep your house clean and in order.
- Put screens over vents and pipes that open to outside.
- Seal cracks and openings with caulk along baseboards, behind sinks, and around windows.
- Vacuum and mop your floors regularly.

Cover Food



Fix Leaks



Clean up



National Pesticide Information Center 1-800-858-7378

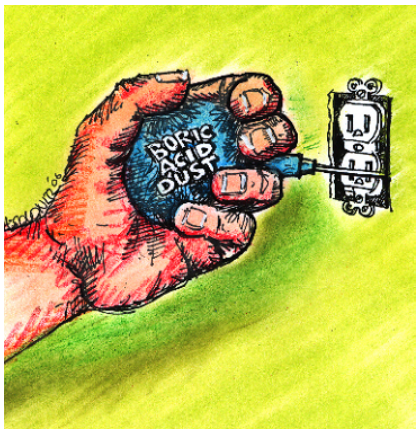
Developed by U.S. EPA Region 5, Waste, Pesticides and Toxics Division

Use safer and more effective pest control products – <u>borate powders</u> and <u>gel baits</u>.

Use small amounts. Place where children can't reach.
Put where roaches hide and eat. Follow instructions on label.

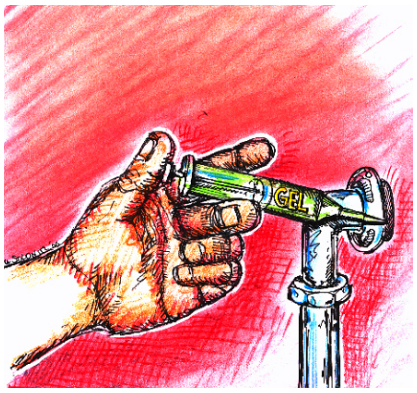
Borate Powders

- Apply behind walls, shelves, sinks and cabinets
- Put where they won't get wet
- Use a very light dusting. Seal in with caulk.



Roach Baits

- Gel bait
  It comes in a small syringe.
  Squeeze little dots at edges and corners in cabinets, under appliances and near plumbing.



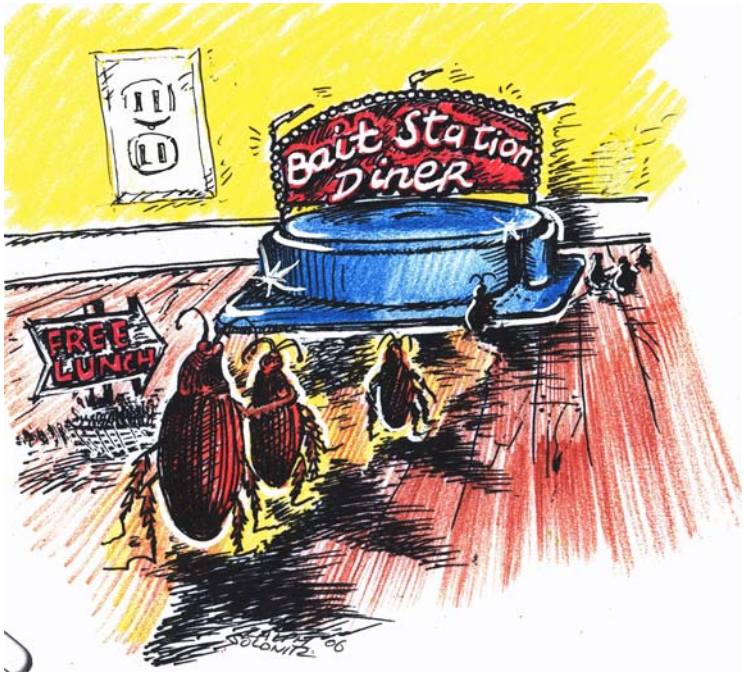
- Bait Stations
  Place several small plastic stations in areas where you see roaches.
  Place along baseboards and in corners.



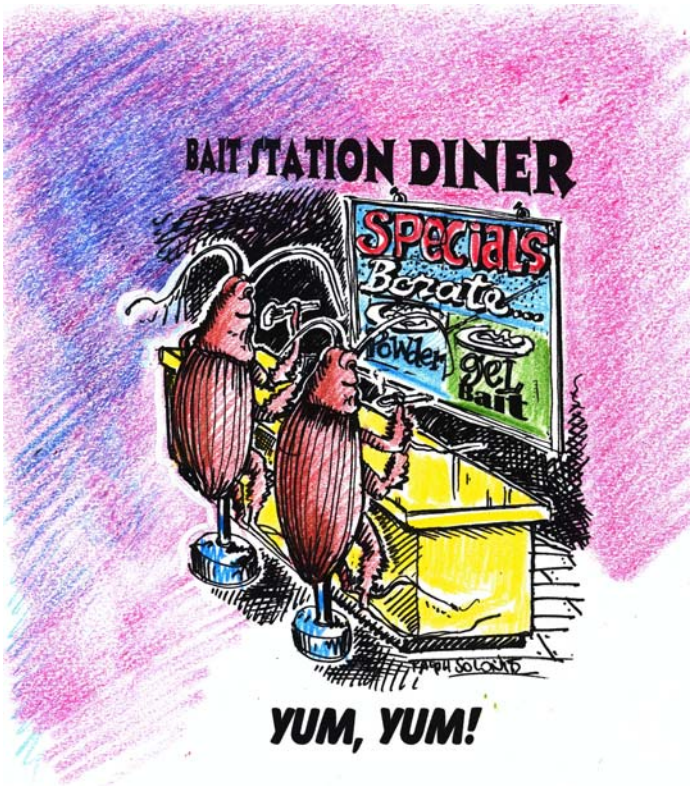
See How Baits Work ➔

Funding provided by US EPA Aging Initiative and the Cleveland Foundation

How Roach Baits Work . . .

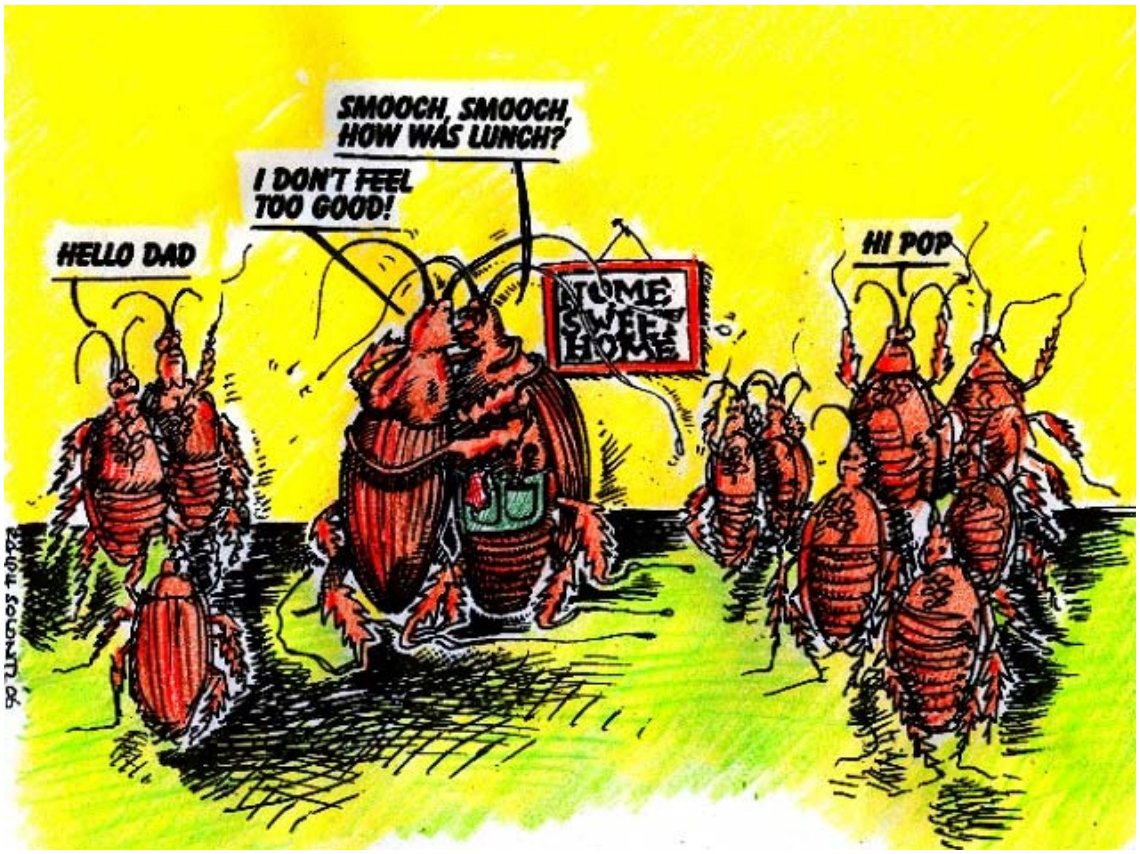


Roaches smell the bait.



Roaches eat the bait.

Funding provided by US EPA Aging Initiative and the Cleveland Foundation



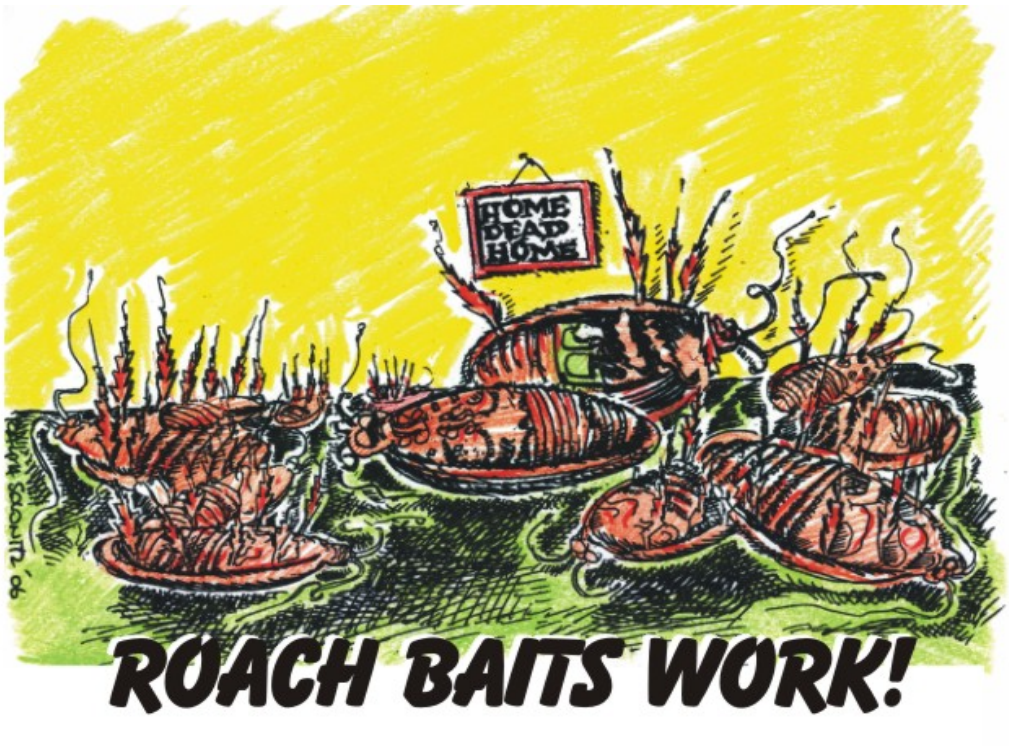
Poisoned roaches return home.



Poisoned roaches die and . . .



. . . Other roaches eat the dead roach.



Those roaches are poisoned and die too!

Funding provided by US EPA Aging Initiative and the Cleveland Foundation